

## CANADA DAY JULY 1



**Canada Day**, formerly Dominion Day, is Canada's national day, a federal statutory holiday celebrating the anniversary of the July 1, 1867, enactment of the British North America Act, which united two British colonies and a province of the British Empire into a single country. Most of us celebrate with the day off, maybe a BBQ and fireworks. This year, why not celebrate Canada day in your unit by offering a distinctive Canadian menu.

### **What comes to mind when you hear Canadian Cuisine? 'Plumb tasteless!'**

Canadian food has no outstanding characteristic, none whatsoever, says Colonel Harland Sanders, the founder of the Kentucky Fried Chicken franchise. The colonel tells CBC during a 1957 interview that there wasn't one dish he particularly enjoyed on his trips across Canada, describing Canadian fare as "plumb tasteless!"

Regardless of what the Colonel says, why not celebrate Canada Day this year by offering a Canadian menu. Even though our cuisine is closely related to British and American cuisine, we do have a few distinctively Canadian dishes

#### **Dishes**

- Poutine
- Montreal smoked meat sandwiches
- Montreal style bagels
- Butter tarts & Nanimo bars
- Tourtiere
- Canadian Pizza (pineapple, bacon, ham)

#### **Ingredients**

- Peameal Bacon
- Oka Cheese
- Maple Syrup
- Cheese Curds

Use the ingredient or recipe name search on smart recipe™ to find recipes and ideas

#### **Red & White Everything!**

- Display Canadian Flags around your servery along with red and white balloons or streamers
- Offer impulse stations of red and white frosted cupcakes and red and white cookies
- Hold a red and white jelly bean counting contest. The person who guesses the closest wins the jelly beans